## Sideline Varsity Ch



## Try It Out Information

Try It Out and see if Sideline Cheer is for you!

Parent Meeting: Meet in the HS Auditorium

Tuesday, May 29th 7:00 pm

Tryout Dates:

Meet in the HS Auditorium

Wednesday, May 30th

3:30-5:30

Thursday, May 31st

3:30-5:30

Tryout Material:

School Spirit-Bring with you on Wednesday

SPIRIT SIGN (poster board size) created by you.

SIDELINE CHEER created by you.

(Both may be used during the season.)

Jumps- Attempt all jumps listed

Toe Touch Pike

Ríght Herkíe Left Herkíe Ríght Hurdler Left Hurdler

Skills- Attempt as many as possible

Handstand Round Off Switch Split Cartwheel

Heel Stretch Aerial Cartwheel

Front Kick Valdez

Forward Roll Backwards Roll Front Walkover Back Walkover Front Handspring Back Handspring

Standing Back Tuck

Please come in black shorts, white t-shirt, white shoes, and hair up. \*\*Tryouts are closed. ONLY athletes trying out and the judges are allowed in the auditorium for both days of tryouts.\*\*